



Step 1

**Make the niyyah (intention)
in your heart
and say:**

بِسْمِ اللّٰهِ

Bismillah

"In the name of Allah"



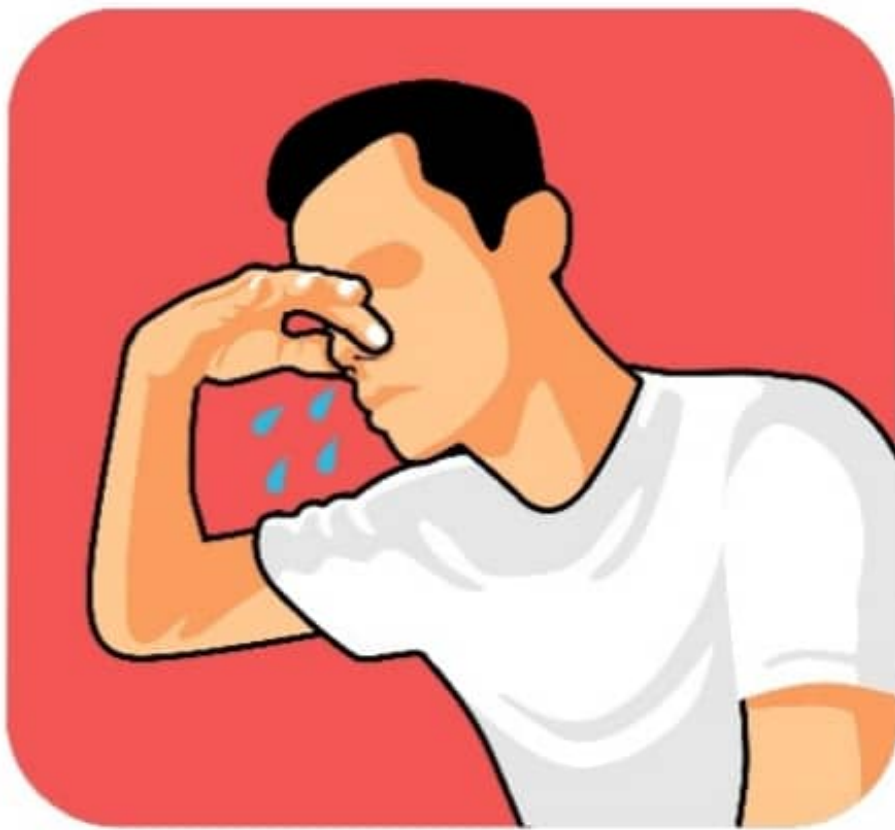
Step 2

Wash your hands up to the wrists three times, make sure that water has reached between the fingers.



Step 3

Take water with your right hand, put it into your mouth and rinse thoroughly three times.



Step 4

Take water with your right hand, splash it into your nose (1) and blow it out (2) with your left hand three times.



Step 5

Wash your whole face three times repeatedly. The whole face is from the right ear to the left ear (not included), and the forehead to the bottom of the chin.



Step 6

**Wash your right arm
thoroughly from
top to elbow
three times.**



Step 7

**Wash your left arm
thoroughly from
top to elbow
three times.**



Step 8

Move the palms of the wet hand lightly over the head, starting from the top of the forehead to the back of the head to the neck (1) and then bringing them back to the forehead (2).



Step 9

Rub the grooves and holes of both ears with the wet index fingers, while also passing the wet thumbs behind the ears.



Step 10

Wash your right foot to the ankles three times. Make sure that water has reached between the toes and without forgetting the heel.



Step 11

Wash your left foot to the ankles three times. Make sure that water has reached between the toes and without forgetting the heel.

Step 12

At the end, you can say:

أشهد أن لا إله إلا الله وحده لا
شريك ل وأشهد أن محمداً عبده ورسوله
اللهم اجعلني من التوابين واجعلن
من المتطهرين

*Ash-hadu Anlaa ilaaha illALLAHu
wahdahuu laa shariikalahu,
wa ash-hadu anna Muhammadan
'abduhuu wa rasuuluhu. Allahummaj
alni minat-tawwabina
waj'alni minal-mutatahhirin.*

"I bear witness that there is no deity other than Allah alone; He is One; He has no partner and I bear witness that Muhammad (sallallahu alaihi Wasallam) is His (chosen) servant and (true) Messenger. O Allah, make me among those who turn to You in repentance, and make me among those who are purified."